



OCTOBER

EVENT SCHEDULE

SUNDAY

11
OCTOBER

OPEN WORKOUT

1:00PM - 2:30PM

Supervised, flexible time for athletes to plan their own workouts, get extra repetitions, and use drills and different surfaces to build their skills!

SUNDAY

18
OCTOBER

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SATURDAY

24
OCTOBER

ALL GIRL & COED STUNT CLINIC

5:00PM - 6:00PM | 6:15PM - 7:15PM

Designed for bases and flyers to work tosses, technique, and all stunting skills. All levels welcome. Limited spots available!



SCHEDULE UPDATE

SUNDAY 10/4

Morning classes are rescheduled. All tumbling classes will happen at **4:00PM**.

Flyer Flex will be at **5:00PM**.



OCTOBER CLOSURES

FRIDAY 10/31

ARCANE WILL BE CLOSED.

— TRAIN YOUR FIRE —